



AMSR Trainers are leaders in compassionate care for people at risk of suicide.



Attend an AMSR Training of Trainers

Join more than 300 trainers nationwide helping health professionals feel confident delivering the latest research-informed care to people at risk for suicide. Zero Suicide Institute at EDC authorizes Assessing and Managing Suicide Risk (AMSR) Trainers to deliver group trainings to health and behavioral health professionals in one or more curricula based on the AMSR risk formulation model. AMSR Trainers go on to administer valuable training within their organizations and are eligible to earn fees through Zero Suicide Institute (ZSI) for leading trainings outside their organization.

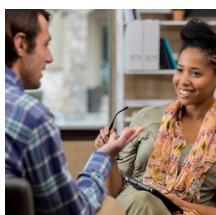


AMSR Trainer Qualifications:

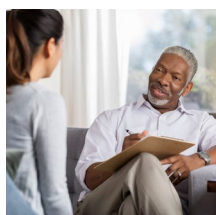
- » Master's degree or higher
- » Five or more years as a practicing clinician
- » Currently in practice, with state-level standing
- » Demonstrated facilitation skills

To become an AMSR Trainer, qualified professionals attend a three-day in-person or online AMSR Training of Trainers (ToT). Each AMSR ToT focuses on one of three settings: outpatient, inpatient, and substance use disorder treatment. Our outpatient and inpatient ToTs include training in a connected curriculum developed to address the needs of direct care staff. AMSR Trainers who would like to be trained in more than one setting are welcome to register for multiple ToTs.

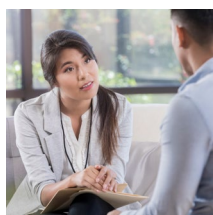
AMSR Curricula



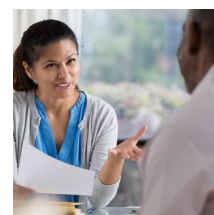
AMSR
Outpatient



AMSR
Direct Care
Outpatient



AMSR
Inpatient



AMSR
Direct Care
Inpatient



AMSR
Substance
Use Disorder

“

The benefits of being an AMSR Trainer are vast: you become a better clinician, you gain priceless knowledge and skills in suicide risk assessment and prevention, you are exposed to the latest research, you help others gain confidence in their ability to make a difference, and you bring hope to clinicians who are often discouraged. Most importantly, you become a part of something bigger than yourself—you become connected to this strong network of individuals just as committed to suicide prevention as you are.

- AMSR Master Trainer Dr. Josephine Ridley

Professional Development Through AMSR

- » Enhance your clinical knowledge and expertise while developing training skills and experience
- » Receive comprehensive teaching guides, training slides, and participant workbooks
- » Earn 6.5 hours of continuing education credits from national accreditation boards
- » Return to your organization ready to train staff in research-informed suicide care practices
- » Access the latest research and nationwide expertise through our network of AMSR Trainers
- » Become eligible to earn fees through ZSI for leading AMSR trainings outside your organization

AMSR Leader’s Guide at a Glance

We provide our AMSR Trainers with the supportive materials they need to train with fidelity to the AMSR model of teaching and risk formulation. Each curriculum comes with a Leader Guide that offers detailed step-by-step instructions that AMSR Trainers can make their own.

Leader’s Guide to the Leader Guide

This guide assists training leaders in presenting the material in an enjoyable, engaging, and effective manner. The icons shown below give you at-a-glance information.

	Every section in this guide has a take-home point . Your job is to ensure you present the material in such a way that participants understand these points and can utilize the information when they leave the training.
	This symbol appears in places where it is recommended that trainers illustrate points by sharing a clinical example .
	Suggested durations appear for each educational element. We encourage you to stay within the suggested time frame to ensure you cover all the material.
	The advance preparation icon indicates an area where leaders should devote additional time to prepare.
	Teaching tips are process and content suggestions for leaders in addition to the teaching notes that appear in each section.

Additional icons and their meanings

Dilemma	Competencies	Reflection Activity	Group Discussion
Learning Video	Recommended Resource	Expert Teaching	

Leader Guide: Assessing and Managing Suicide Risk (AMSR) | IX

These helpful icons provided specialized tips and call out reminders.

TEACHING NOTES: Undesirable Attitudes and Their Outcomes

Undesirable Attitudes and Beliefs

- » Depending upon your own tendencies and what the client pulls for, there are two undesirable outcomes of unacknowledged emotional responses and cultural assumptions: (1) withdrawing, minimizing, and being under-responsive or (2) becoming controlling, adversarial, and hyper-responsive. Variants of these two extremes can present in several different ways.
 - How might a clinician withdraw or be under-responsive?
 - How might a clinician become controlling and hyper-responsive?
- » What are some ways clients might respond to clinician behavior stemming from unexamined emotional reactions, attitudes, beliefs, or cultural assumptions:
 - **Triggering suicidal behavior.** The most dangerous situation occurs when therapists have an aversive impulse or reaction to a suicidal client that tempts them to reject or abandon the person. This can then precipitate suicidal behavior.
 - **Suicidal ideation and behavior kept secret.** If a negative emotional reaction “leaks,” the client may withhold information or may not be honest about suicidal thoughts and behaviors.
 - **Damage to the therapeutic alliance.** Clinicians may experience frustration or anger when a client and/or a family member expresses ambivalence about being helped. A showdown may occur when the client or family member is challenged consciously or unconsciously to play by the therapist’s rules or seek help elsewhere.

Teaching notes guide the conversation and answer frequently asked questions.

Part 1. Approaching Your Work

Calm and compassion are needed the most and they are the hardest to maintain when working with an individual at risk for suicide.

- Manage your own reactions
- Establish a shared perspective
- Know your limits

PPT | Slide 7

Case Example Discussion

PPT | Slide 8

The Leader Guide makes it clear when to change slides to match the content.